

Questions for Session Two (from Hachette Book Group)

1. Discuss the idea that incarceration is the “social machete to chop down the marginalized” and how that is supported by the multitude of systems in our society today.
2. The author describes how his experience taught him to deal with fear and use it as a tool of growth. Discuss some of the ways Yusef was able to channel his fear into something productive. What are some of the ways you can use fear in your life to grow through an experience?
3. The author asks, “How do you survive as a Black person in this country? For Yusef, while prayer has been paramount in feeling mentally and spiritually free, finding a way to document his experience and pulling the emotions out of his body and onto the page have been vital. Do you have ways to document your feelings? What form does that documentation take and how does that give you mental and spiritual freedom?”

Please listen ahead of time if you are able. Sorry if there are commercials!!

YouTube video: [The Revolution will Not Televised](#) - Gil Scott-Heron

YouTube video: [What you think of this world now?](#) - Hubert Laws

YouTube video: [We who believe in freedom cannot rest](#) - Sweet Honey in the Rock

