

Questions for Session Three (from Hachette Book Group*)

1. For Yusef, he was a teenage boy stripped of his youth and innocence, which had a ripple effect throughout his life even after being exonerated. What did you think/experience as you read about the incident in Central Park when his skateboard was stolen? Did the reaction of the police officers surprise you?
2. (I am repeating this question intentionally.) *The author describes how his experience taught him to deal with fear and use it as a tool of growth. Discuss some of the ways Yusef was able to channel his fear into something productive. What are some of the ways you can use fear in your life to grow through an experience?
3. Share some of your thoughts about the final chapter, *Becoming an Alchemist*.
4. Do you see yourself as a powerful person? How much does how people see you impact the way that you engage the world?

Please listen ahead of time if you are able. The videos are a bit longer. Sorry for the commercials!!

YouTube video: <https://www.youtube.com/watch?v=ZaVlucxNeTY> (Who was Malcolm X?)

YouTube video: <https://www.youtube.com/watch?v=7p5iOhXumaQ> (MLK, Paul's letter to America Christians)